

Counteract weight gain

Weight gain after a gastric bypass is common. More than five years after a procedure, about 75 percent of the people with a gastric bypass will regain weight. This happens very gradually and sometimes people regain so much weight that a second procedure is needed.

With a banded gastric bypass, only 50% of people will regain weight after five years and the weight they regain is also considerably less compared to people who had a regular gastric bypass.

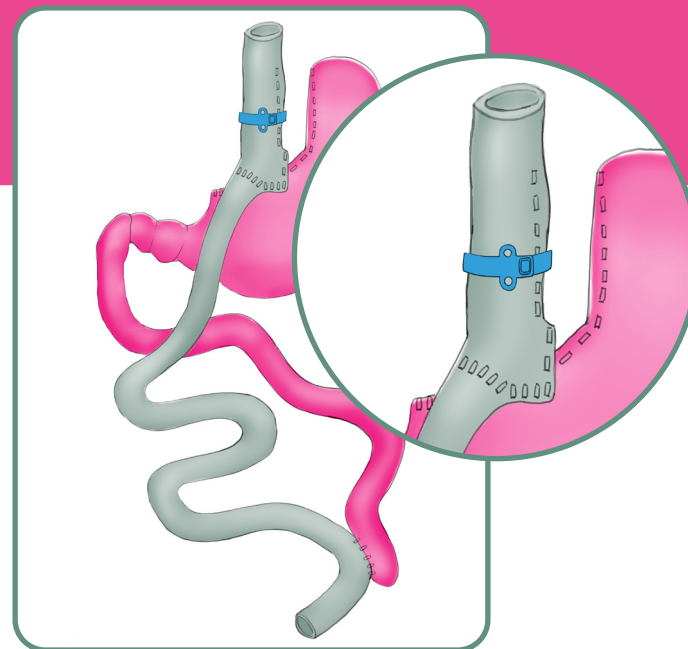
What are the possible side effects of a MiniMizer Ring?

One possible side effect of the MiniMIZER RING is regurgitation.

This might be related to how the MiniMIZER RING slows down the passage of your food. Therefore it is very important to adjust your eating behavior and diet accordingly. Remember to take small bites, chew your food well and take breaks between bites. This should help to improve food flow and reduce or prevent regurgitation.

Does the regurgitation persist despite adjusting your eating behavior or diet? If so, then it is possible that the MiniMIZER RING will need to be loosened or even removed, requiring a surgical procedure.

An extremely rare complication is erosion. When this happens, the MiniMIZER RING grows through the stomach due to friction on the stomach wall. With complete erosion, the Ring can end up in the stomach. In these exceedingly rare cases, sometimes patients are unaware this has occurred, and you may only notice that you can eat more again. In case of erosion, the MiniMIZER RING can be removed by means of a gastroscopy.



Make the most of your gastric bypass!

In summary, the addition of a MiniMIZER RING during a gastric bypass procedure will reduce the likelihood of weight regain and increase the amount of weight loss. Please discuss the benefits of the banded gastric bypass procedure with your surgeon to see if the MiniMIZER RING is right for you!

Please visit our website for more information!



Underlying data available on request

Disclaimer: This content is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical condition. Never disregard professional medical advice or delay in seeking it because of something you have read in this brochure. Bariatric Solutions International GmbH - Kaltenbacherstrasse 24 - CH 8260 Stein am Rhein

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MiniMIZER
RING



You are eligible for a weight loss procedure. It is a procedure that will change your life, so of course you want to make the right choice!

There are several procedures that reduce the size of the stomach. They all limit the amount of food you can eat but how they limit food intake is an important factor. You and your surgeon will discuss which procedure is the best for you.

The effects of a Gastric Bypass

One of the most commonly performed procedures is the gastric bypass. During a gastric bypass, the stomach is made smaller and part of the small intestine is also diverted. The gastric bypass has a triple effect on your weight loss:

- 1 The reduction in stomach size makes you eat less
- 2 The shortening of the small intestine ensures that you can absorb less nutrients
- 3 Changes in your hormones can reduce your feelings of hunger

All these measures ensure that you lose weight

It is important to remember that a weight loss procedure is only a weight loss tool. Research has shown that in the first year after surgery about 80% of a person's weight loss results from the procedure and 20% is due to their commitment to change their behavior. However, this is reversed after 12 months, therefore behavioral change is very important!



Better weight loss!

Less long-term weight regain!

Prevent long-term weight gain

Unfortunately, after having had a gastric bypass some people can also regain weight in the longer term. This is usually because people have resumed their previous eating habits, as well as not exercising enough. People who regain weight after their gastric bypass may also have a reduced feeling of satiety (feeling full). The feeling of satiety is partly determined by the new connection (anastomosis) between the stomach and the small intestine. When this connection is large or increases in size, people do not feel full and will eat more.

Applying the MiniMIZER RING during a gastric bypass procedure can prevent unwanted long-term weight gain. It helps to maintain the size of the anastomosis and the feeling of satiety. This variation of the gastric bypass is called a 'banded gastric bypass'.

What is the MiniMIZER RING?

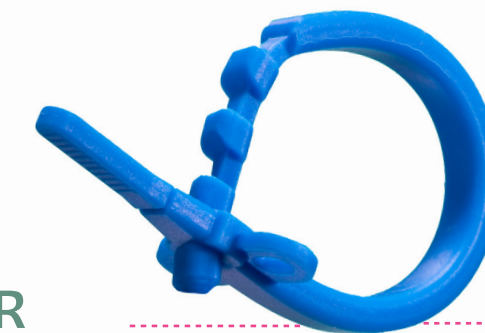
The MiniMIZER RING is a certified surgical implant. The MiniMIZER RING is made of medical grade silicone, which means the body does not react to the presence of the ring on the stomach. During your gastric bypass procedure, the surgeon places the MiniMIZER RING on the lower part of the reduced stomach. The ring is secured with a few stitches to help prevent unlikely slippage.

What are the effects of the MiniMIZER RING?

Because the MiniMIZER RING is placed around the reduced stomach, there is an extra delay for the passage of food. This makes you feel satisfied sooner and you stop eating earlier. Therefore, the MiniMIZER RING contributes to the desired change in your eating habits and makes it easier to stick to your new habits.

What results can you expect? Better weight loss!

On average, people who have a gastric bypass procedure lose 70% of their excess weight. Research shows that people who have a banded gastric bypass procedure (with the MiniMIZER RING placed around their reduced stomach) have an even better weight loss. One year after the procedure, people who had a MiniMIZER RING lost on average 14% more of their excess weight compared to people with who had a gastric bypass procedure without the MiniMIZER RING. After five years, people who had the MiniMIZER RING even had an average of 24% more weight loss!



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